



Department plan for society service and environment development



Activity	Date	Place	Target population	Responsible
1-workshop about RH incompatibility, anemia during pregnancy, gestational diabetes, preeclampsia and methods of their prevention	1/10/2017	El helal mother and child care center	Nurses	Dr/ Rasha Essa Dr/ TahanyHassan Dr/ ElhamElgamal Dr/ SehamElgamil
2- work shop about using partograph for prevention of complications during labor and about breast feeding and its benefits	30/10/2017	El-Shatby Maternity University hospital in Alexandria	Nurses	Dr/ Neamat Ismael Dr/ Hanan Ibrahim Dr/ EsraaHamoda
3- work shop about using safety practices during oxytocics administration	1/11/2017	El-Shatby Maternity University hospital in Alexandria	Nurses	Dr/ Neamat Ismael Dr/ RashaFarag Dr/ EsraaHamoda
4- work shop about placental examination after its expulsion for prevention of post partum hemorrhage and its role in reduction of maternal mortality rate	29/11/2017	El-Shatby Maternity University hospital in Alexandria	Nurses	Dr/ Rasha Essa Dr/ Neamat Ismael Dr/ Hanan Ibrahim Dr/ EsraaHamoda
5- Health teaching for women about different contraceptive methods and its uses: <ul style="list-style-type: none"> • Emergency contraceptives • Hormonal contraceptives • Natural contraceptives • IUD • Chemical contraceptives • Mechanical contraceptives 	29/11/2017	El helal mother and child care center Damanhur medical national institute	Post partum women	Dr/ Rasha Essa Dr/ HalaHamed Dr/ NeamaBakkar Dr/ Mona Ahmed
6- Work shop about different contraceptive methods and its uses: <ul style="list-style-type: none"> • Emergency contraceptives • Hormonal contraceptives • Natural contraceptives • IUD • Chemical contraceptives • Mechanical contraceptives 	17/12/2017	El helal mother and child care center Damanhur medical national institute	Nurses	Dr/ Rasha Essa Dr/ HalaHamed Dr/ NeamaBakkar Dr/ Mona Ahmed
7- Health teaching about breast self-examination and its role in early prediction of breast cancer	4/2/2018	El helal mother and child care center Damanhur medical national	Women in gynecologic clinic and pregnant women	Dr/Eman Ehsan Dr/ Wesam Kamal Dr/ Tahany Hassan



		institute El-Shatby Maternity University hospital in Alexandria		
8-Health teaching about self care for girls during menstruation and its role in prevention of genital tract infection	11/2/2018	Faculty of Nursing- Damanhur University	Female students	Dr/ Rasha Essa Dr/ Neamat Ismael
9-Health teaching about sexual transmitted diseases, risk factors, manifestations, complications, treatment and methods of prevention	18/2/2018	El-Shatby Maternity University hospital in Alexandria & KafrEldawar general hospital Damanhur medical national institute	Women at different obstetric and gynecologic units	Dr/Eman Ehsan Dr/ Wesam Kamal Dr/ EsraaHamoda
10- work shop about pre and post – operative care and methods of prevention control	4/3/2018	El-Shatby Maternity University hospital in Alexandria & KafrEldawar general hospital Damanhur medical national institute	Women at different obstetric and gynecologic units	Dr/Anwar Tayel Dr/Eman Ehsan Dr/ Wesam Kamal Dr/ Amira Elhaweet Dr/ RashaFarak
11-Health teaching about menopausal symptoms management	1/4/2018	Faculty of Nursing- Damanhur University	Women working at Faculty of Nursing- Damanhur University	Dr/ Rasha Essa Dr/Eman Ehsan Dr/ Wesam Kamal
12-Health teaching about self care during post partum period	22/4/2018	Obstetric department in Kafr Eldawar general hospital & Damanhur medical national institute	Women after normal labor and cesarean section	Dr/ Neamat Ismael Dr/Anwar Tayel Dr/ Amira Elhaweet Dr/ RashaFarak



13-Health teaching about cervical cancer and ovarian cancer	6/5/2018	Gynecological unit	Women at Gynecological unit	Dr/Eman Ehsan Dr/ Wesam Kamal Dr/ Esraa Hamoda Dr/ Seham Elgamal
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	Pamphlet Title	Date	Place	Target population	Student Name
1-	Preparation of educational pamphlet about safe pregnancy	7/10/2017	El helal mother and child care center	Pregnant women	Mohamed Kamel Hassan Kolkas
2-	Preparation of educational pamphlet about breast self examination	21/10/2017	El helal mother and child care center & Damanhur medical national institute & El-Shatby Maternity University hospital in Alexandria	Pregnant women & Women at Gynecological unit	Mai Ahmed Abd-el Salam
3-	Preparation of educational pamphlet about osteoprosis	4/ 11/2017	El-Shatby Maternity University hospital in Alexandria	Women at Gynecological unit	Fayza Ahmed Mohamed Ali
4-	Preparation of educational pamphlet about breast feeding	18/11/2017	Damanhur medical national institute & Kafr Eldawar general hospital	Women after normal labor and cesarean section	Fatma Sobhy Abdel-Hamid
5-	Preparation of educational pamphlet	2/12/2017	El-Shatby Maternity	Women at Gynecological	Shaimaa Ismail Abdel-



	about menopausal symptoms		University hospital in Alexandria	unit	Kader
6-	Preparation of educational pamphlet about IUD after its insertion	3/12/2017	El helal mother and child care center	Women recently after IUD insertion	Samar Adel Mohamed Alzohairy

Head of Department
Assisst. Prof/ Rasha Essa