

جامعة / أكاديمية: ...دمنهور

كلية / معهد: ...التمريض

قسم: ...تمريض صحة المجتمع

توصيف برنلمج دراسي

( عام 2018-2019 )

معلومات أساسية:

1- اسم البرنامج: **Master science in Nursing-Community health Nursing**

2- طبيعة البرنامج: (احادي ✓) (ثاني) (مشترك)

القسم المسئول عن البرنامج: Community Health Nursing

تاريخ اقرار البرنامج: 25/1/2017

ب- معلومات متخصصة:

1- الاهداف العامة للبرنامج:

1- Community Health nursing provides a theoretical background for the study of community health and is based on the synthesis of nursing theory and public health science. Emphasis is on health promotion, health maintenance and disease prevention among populations.

2- The course assists graduate to recognize and analyze the interrelationships between individuals, families, population groups, and communities in determining the health status of each. The impact of political, economic, social, environmental, and cultural concerns on the health of populations is examined.

3- The course enable the graduate to work in different specialties in community health nursing, and helps to develop the research capabilities of the graduates as well as their ability to synthesize and utilize research findings for improving nursing practices in community

### 2.1 المعرفة والفهم:

2.1.a Integrate concepts from behavioral, biological and natural sciences, with emphasis on epidemiology and global perspectives, in order to review the needs of communities and diverse populations.

a.1 Explain the relationship between the environment and human health and disease.

a.2. Examine the role of the nurse indifferent community heath setting.

a.3. Recognize appropriate nursing interventions that promote and maintain the health of family and community..

a. 4. Identify the allied sciences related to individuals, families and communities in CHNg.

a.5 Describe nursing roles that meet the emerging health needs of individuals, families, communities and populations.

a.6. Describe school health services and coordinated occupational health programs.

A.7.list ethical principles governing the practice of community health nursing.

### 2.2 المهارات العقلية:

b.1 Construct problem solving skills to make judgments/decisions in prioritizing actions.

b.2 Evaluate epidemiologic research and apply findings to community-oriented nursing practice in order to explain the control of communicable disease

b.3 Evaluate how disasters affect people and their communities

b.4 Formulate specific strategy for meeting community health ‘needs

b.5. Evaluate strategies that can be used by public and community health nurses to improve the health status and eliminate health disparities of vulnerable populations.

b.6 .Design guideline for nursing in community health setting.

b.7. Develop health education plan to address community health problems at all levels of prevention.

b.8. Apply information technology in promoting community health

### **2.3 المهارات العملية والحرفية:**

c.1. Apply a range of assessment techniques to identify relevant determinants of health.

c.2. Apply skills of accurate recording and reporting utilizing written and oral principles in different community health setting.

c.3. Apply responsibilities for infection control measures in community health services.

c.4 Implement health teaching and counseling programs to individual, family, population groups and to the community according to the needs. ,

### **2.4 المهارات العامة والتطبيقية:**

d.1 Develop appropriate effective written and oral communication skills applicable to community health nursing.

d.2 Utilize the managerial skills in clinical setting of community health

d.3. Follow the ethical principles in applying nursing care and research.

d.4. Display the ability to work effectively as part of a group, involving leadership, group dynamic and interpersonal skills.

d.5. Illustrate the ability to self appraises and reflects on practice relevant to community health nursing

### **3-4- المعايير الأكاديمية والمرجعية:**

a. External References for Standers (Benchmarks):

/ National academic standers o faculty of Nursing f Alexandria university ,

5- هيكل ومكونات البرنامج:

two semesters

أ- مدة البرنامج

ب- هيكل البرنامج:.....

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**Theoretical:** 21 credit hours (compulsory 15+ 6 elective)

**Clinical:** 5 credit hours

**Dissertation:** 8 credit hours

**Total hours: 34** credit hours

ج- مستويات البرنامج (في نظام الساعات المعتمدة): لا ينطبق (✓)

-المستوى الاول/ السنة الاولى: يلزم اجتياز..... وحدة (موزعة كالتالي):

إلزامى..... إنتقالى..... إختيارى.....

-المستوى الاول/ السنة الثانية: يلزم اجتياز..... وحدة (موزعة كالتالي):

إلزامى..... إنتقالى..... إختيارى.....

وهكذا.....

Semester Specialty-community health nursing.

الفصل الدراسي	عدد الساعات الاسبوعية		عدد الساعات المعتمدة	إسم المقرر	كود او رقم المقرر
	عملی	نظری			
First semester	-	2	2	Biostatistics	706Co01
First semester	-	2	2	Methods of research	706Co02
First semester	-	2	2	Nursing Education Strategy	706Co03
First semester	-	2	2	Nursing Informatics	706Co04
second semester	-	2	2	Family, society , demography	706Su05
First semester	2 8 h clinical	1	3	Community health nursing 1	706Co06
second semester	3 12 h/	2	5	Community health nursing 2	706Ns07
First semester	-	2	2	Epidemiology	706Su08
	5 (20)	15	20	total	

المقررات الاختيارية: يختار الطالب عدد 6 ساعات معتمدة

الفصل الدراسي	الفرقة والمستوى	عدد الساعات الاسبوعية			عدد الوحدات	إسم المقرر	كود او رقم المقرر
		نظري	تمارين	عملي			
		2	-	-		Administration of health programs in the community	706E109
		2	-	-		New trends in nursing	706E110
		2	-	-		Health education for family and community	706E111
		2	-	-		Family Home Health Care	706E112
		2	-	-		Community study & health problems	706E113
		2	-	-		Nutrition across life span	706E114

### 3<sup>rd</sup> Semester Specialty-community Health Nursing

عدد الساعات المعتمدة	إسم المقرر	كود او رقم المقرر
8	Thesis	706Ns15

## Contents

**Title: COMMUNITY HEALTH NURSING 1**

**Code706Ns06**

**Credit Hours: 3**

**Lecture: 1 h / w**

**Tutorial: - \_\_\_\_**

**Practical: 2 credit hours / 8 h / w**

Topic	No. of hours	Semester	Lecture	Practical/ w
1- Introduction of community nursing	1	1	Theory	8
2 Primary health care	1	1	Theory	8
3- Health care delivery system	1	1	Theory	8
4- Evaluation of health services	1	1	Theory	8
5- Urban health	1	1		
6- Rural health	1	1	Theory	8
7- Environmental health	1	1	Theory	8
8- Occupational health	1	1	Theory	8
9- Outreach & community mobilization	1	1	Theory	8
10- Vulnerable groups	1	1	Theory	8
11- Communicable diseases	1	1	Theory	8
12. Non-Communicable diseases				
13. Infection prevention	1	1	Theory	8
14. Home based care	1	1	Theory	8
15.School health program	1	1	Theory	8
16.Disaster Management				
17.Mental Health	1	1	Theory	8

**Title:** Community health Nursing (2)    **Code:** 706Ns07

**Credit Hours:** 5hrs

**Lecture:** 3 hrs / wks

**Tutorial:** - \_\_\_\_\_

**Practical:** 12 hrs /wks / 2credit hours

**- Contents**

<b>Topic</b>	<b>No. lectures</b>	<b>Lectures</b>	<b>Semester</b>	<b>Tutorial /practical</b>
1. Reproductive health and women's right with consideration of girl child in Egypt .	2	Theory	2 <sup>nd</sup>	12
2. Situation of women and women empowerment in developing countries.	2	Theory	2 <sup>nd</sup>	12
3. Approaches to implement quality of care in health services.	1	Theory	2 <sup>nd</sup>	12
4. Situation analysis of infant and child health issues and strategies to promote child health in Egypt	1	Theory	2 <sup>nd</sup>	12
5. Growth monitoring.	1	Theory	2 <sup>nd</sup>	12
6. Integrated management of childhood illness (IMCI)	1	Theory	2 <sup>nd</sup>	12
7. EPI and childhood communicable diseases	1	Theory	2 <sup>nd</sup>	12
8. Demographic aspect of population and fertility in Egypt: family planning program and role of nurse and role of quality care in improvement of family planning	2	Theory	2 <sup>nd</sup>	12
9. Communication and counseling in family planning and role of nurse	1	Theory	2 <sup>nd</sup>	12
10. Evidence based nursing practice	1	Theory	2 <sup>nd</sup>	12
11. Special programs of adolescent and youth health	1	Theory	2 <sup>nd</sup>	12
12. Special programs of adolescent and youth health	1	Theory	2 <sup>nd</sup>	12
13. Adolescents and youth health	1			
14. Infection control measures in community health services	1	Theory	2 <sup>nd</sup>	12



**Title:** Community study& health problems

**Code:** 706E113

**Credit Hours:** 2

**Lecture:** 2

### **Contents**

<b>Topic</b>	<b>No. of hours</b>
1- Community study	2
2- Socio-anthropological aspect of health in the community	2
3- Major health problems in the community	2
4- New concepts in the Community health	2
5- Social development in early life and adolescent period	2
6- Social development in adult life	2
7- Group adequacy to its member	2
8-Role behavior of individual & factors affecting it	2
9-Leadership	2
10-Competition	2
11-Family health education in each stage	2
12-Counseling	2
13-Social status & its Measurement	2
14- Health indicators & examples of its implication	2
15- Analysis of health programs in different communities	2

**Title:** Epidemiology

**Code:** 706Su08

**Credit Hours:** 2

**Lecture:** 2 hours /w

**Course Contents**

<b>Topic</b>	<b>No. of hours</b>	<b>lecture</b>	<b>semester</b>
1-defintion and uses of epidemiology in public health	4	theory	1st
2- The epidemiological triad	4	theory	1st
3-Cycle of infection	4	theory	1st
4- Descriptive epidemiology	4	theory	1st
5- Measurements in epidemiology	2	theory	1st
6- Sources of epidemiologic data	2	theory	1st
7-Principles of prevention ,control and eradication	4	theory	1st
8- Epidemiologic investigation	4	theory	1st
9- Principles of epidemiologic surveillance	1	theory	1st
10-Prinicples of epidemiologic research methods.	1	theory	1st

**Title:** Health Education for Family and Community

**Code:** 706E111

**Credit Hours:** 2 /week

**Course Contents**

<b>Topic</b>	<b>No. of hours</b>
1-Introduction to health education	2
2-The learning theories	4
3-Models related to health education	2
4-Tools and methods of health education	2
5-Patient education and health education	2
6-Principles of teaching in education program	2
7-Barriers to learning	2
8-Different types of educational materials	4
9-Assess individual and community needs for health education	2
10-Educational strategy adopted in teaching family and community.	4
11. Construct health education program based on family and community needs	4

**Title:** Society, family and demography

**Code:** 706Su05

**Credit Hours:** 2

**Lecture:** 2 hr/wk/15wk

**Contents**

<b>Topic</b>	<b>No. of hours</b>	<b>Lecture</b>	<b>Semester</b>
1. Family and family Health.	2	1	2 <sup>nd</sup>
2. Family health nursing	2	1	2 <sup>nd</sup>
3. Society versus community	2	1	2 <sup>nd</sup>
4. Demography.	2	1	2 <sup>nd</sup>
5. Approach to family analysis.	2	1	2 <sup>nd</sup>
6. Family dynamics.	2	1	2 <sup>nd</sup>
7. Family with crisis.	2	2	2 <sup>nd</sup>
8. Family coping	2	1	2 <sup>nd</sup>
9. Nursing process in family health nursing.	2	1	2 <sup>nd</sup>
10. Family assessment.	2	1	2 <sup>nd</sup>
11. Nurse family relationship	2	1	2 <sup>nd</sup>
12. Prevention and management of common health problems in the family.	2	1	2 <sup>nd</sup>
13. Health promotion throughout family life cycle	2	1	2 <sup>nd</sup>
14. Different health services	2	1	
15. Evaluation of Family health programs.	2	1	

**Title:** Family Home Health Care      **Code:** 706Su05

**Credit Hours:** 2      **Lecture:** 2 hr/wk/15wk

**Contents**

<b>Topic</b>	<b>No. h.</b>	<b>Semester</b>	<b>Lectures</b>
Introduction to family home care-opening the door to the community-what is home care	1	2 <sup>nd</sup>	1
Historical perspectives in home care	2	2 <sup>nd</sup>	2
Home care. Objectives, advantages and limitation	2	2 <sup>nd</sup>	2
Home health care providers-role-	1	2 <sup>nd</sup>	1
Home health care agencies	1	2 <sup>nd</sup>	1
Home visit	4	2 <sup>nd</sup>	4
Caring of the family in health and illness	1	2 <sup>nd</sup>	1
Standards of practice for home health care	1	2 <sup>nd</sup>	1
Socio-cultural factors in home care	1	2 <sup>nd</sup>	1
Ethical considerations in home health care	1	2 <sup>nd</sup>	1
Legal issues in home care	1	2 <sup>nd</sup>	1
Promoting nurse family relationships	1	2 <sup>nd</sup>	1
Services offered in home health care	4	2 <sup>nd</sup>	4
Home health aides	1/2	2 <sup>nd</sup>	1
Medical social work	1/2	2 <sup>nd</sup>	1
Preventive services and health promotion	1	2 <sup>nd</sup>	1
Home safety	1	2 <sup>nd</sup>	1
Skilled nursing care	3	2 <sup>nd</sup>	3
Development of home health care system	2	2 <sup>nd</sup>	2
Evaluation of home health care	1	2 <sup>nd</sup>	1

**Title:** New trends in nursing

**Code:** 706E110

**Credit Hours:** 2

**Lecture:** 2 hr/wk/15wk

**Contents**

<b>Topic</b>	<b>No. of hours</b>	<b>Tutorial / Practical</b>
1- Nursing theories.	4	-
2- Issues and trends that influence the nursing practices.	4	-
3- Socio cultural diversity in nursing.	4	-
4- Human rights in relation to women, men and children.	4	-
5- The legal and ethical aspects of nursing.	4	-
6- Evidence based nursing practices Practice.	4	-
7- Palliative care.	2	-
8- Hospice care.	2	-
9- Complementary and alternative therapy in nursing.	2	-

**Title:** Administration of health programs in the community

**Code:** 706EI09

**Credit Hours:** 2

**Lecture:** 2 hr/wk/15wk

**Contents**

<b>Topic</b>	<b>No. of hours</b>	<b>Tutorial / Practical</b>
Evaluation of programs and activities <ul style="list-style-type: none"><li>❖ Definition</li><li>❖ Importance of evaluation</li><li>❖ Types of evaluation</li><li>❖ Steps of evaluation</li></ul>	4	-
Management techniques and tools	4	-
Information system <ul style="list-style-type: none"><li>• Definition of information system</li><li>• Importance of information system</li><li>• Characteristics of information system</li><li>• Steps of information system</li><li>• Responsibilities of different levels in information system</li><li>• Problems facing information system</li></ul>	4	-
Cost – benefits & cost effectiveness analysis	4	-
Implication of population growth and age structure on health planning	4	-
Epidemiology and management	4	-
Leading health team	6	-

**Title:** Nutrition Through Life Cycle

**Code:** 706E114

**Credit Hours:** 2

**Lecture:** 2 hr/wk/15wk

**Contents**

<b>Topic</b>	<b>No. of hours</b>	<b>Tutorial / Practical</b>
1. Communication skills required for nutrition counseling	2	-
2. Nutrition during preconception and conception period	2	-
3. Nutrition during pregnancy (1)	2	-
4. Nutrition during lactation(1)	2	-
5. Infant Nutrition(1)	2	-
6. Toddler and Preschooler Nutrition	2	-
7. Child and Preadolescent Nutrition	2	-
8. Adolescent and adult Nutrition	2	-
9. Nutrition and elderly	2	-
10. Nutrition during pregnancy(2)Conditions and interventions	2	-
11. Nutrition during lactation(2) Conditions and interventions	2	-
12. Infant Nutrition(2) Conditions and interventions	2	-
13. Toddler and Preschooler Nutrition(2) Child and Preadolescent Nutrition(2) Conditions and interventions	2	-
14. Adolescent and adult Nutrition (2) Conditions and interventions	2	-
15. Elderly Nutrition (2) Conditions and interventions	2	-



6- متطلبات الالتحاق بالبرنامج:

- 1- Attain Bachelor degree of nursing sciences from one of the Egyptian University with at least a general grade of good or c+ or any equivalent degree granted by a college or an institute accredited by the Supermen Council of Universities of specialization.
- 2- Have a grade of good or c+ in the area of specialization.
- 3- The board of the scientific department specifies the supervising committee for the thesis
- 4- After success in at least 24 credit hours registration for the research plan is allowed.
- 5- The candidate is allowed to submit the thesis after at least 6 months from the date of approval of approval of registration by the board of the faculty.

7- القواعد المنظمة لاستكمال البرنامج:

**Program duration:** two semesters= 34 credit hours included 8 hours for dissertation.

- The student is allowed to register maximum 15 credit hours for autumn and spring courses and maximum 8 credit hours for summer courses.
- The candidate should attend 34 credit hours according to the rules of the scientific department of specialty.
- Academic advisors of the faculty staff members from the same specialty of candidates to guide them to select semester courses taking into consideration the prerequisite and concurrent courses.
- Courses registration is done throughout the 2 week prior to beginning of the semester.
- A course or more can be added / or deleted before the end of the second week prior to the semester.
- Student is allowed to withdraw (W) from a course before the end of twelve weeks from the beginning of the semester.

- After completing the Master degree the student should have at least C+ for the average cumulative grades
- Calculation of Grade Point Average (GPA)

Sum (course points × course credit hours)

Total semester credit hours

- Semester GPA and cumulative (GPA) will be calculated.

#### 8- طرق وقواعد تقييم الملحقين بالبرنامج:

ما تقيسه من المخرجات التعليمية المستهدفة	الطريقة
Knowledge skills Intellectual skills General skills	Final written exam
Knowledge skills Intellectual skills General skills	Semester work ( ongoing work evaluation through Assignment, Discussion, Participation, Conference)
	Oral exam

#### 9- طرق تقويم البرنامج:

	الطريقة
60 %	Final exam
30%	Semester work
10%	Oral exam

القائم بالتقويم	الوسيلة	العينة
طلاب الماجستير	Written exam	Students
الخريجون اصحاب العمال	Questionnaire	Graduates of Msc
مقيم خارجي او ممتحن خارجي	Reviewing curriculum and content	One staff member from other department and one international evaluator
طرق اخرى	Questionnaire	Staff and instructors

**Coordinator: Assist. Proff/ Elham Hassan**

**Head of department: Assist. Proff / Abeer Madian**